

DISCHARGE INSTRUCTIONS

Center For Urology
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SURGICAL PROCEDURE: Collagen Injection

INSTRUCTIONS:

- 1) **No strenuous activity**
ie. = no exercise, no lifting, shoveling or sports, no sex, no grass mowing,
no riding on a lawn mower. ----- walking is encouraged.
- 2) **You may or may not have a catheter in your bladder when you leave the hospital. It is not uncommon after this procedure to be unable to void. If you do have a catheter, you will be instructed on how to empty the bag, and switch from leg bag to overnight drainage bag.**
- 3) **Take your antibiotics as prescribed.**
- 4) **Do not pull on or apply traction to the catheter (tube). It will be removed in the doctors office.**
- 4) **Continue to take your routine medication unless your doctor has advised you differently.**
- 5) **Call your urologist for and appointment. He will want to see you in about 1 week.**

CALL YOUR DOCTOR:

If you develop fever or chills.

If the catheter stops draining.

If you develop bleeding or increased redness at the incision or if it opens up.