

## **DISCHARGE INSTRUCTIONS**

Center For Urology  
2615 Culver Road, Suite 100  
Rochester, N.Y. 14609  
(585) 336-5320

### **SURGICAL PROCEDURE: Robot Assisted Pyeloplasty + Stent placement**

#### **INSTRUCTIONS:**

- 1) No strenuous activity  
ie. = no exercise, heavy lifting, shoveling, or contact sports.**
- 2) You may shower, however do not rub or brush vigorously over the area where the incisions are located. No bath, swimming or hot tub for 2 wks.**
- 3) Continue to take your routine medication.**
- 4) Take your pain medication as needed, but realize that this medication can cause constipation and it may be advisable to take a laxative. This medication can also effect your reflexes and judgement.**
- 6) Avoid driving a car for the first week. May walk up to one mile, once daily for first few days, later as tolerated.**
- 7) Call your urologist for an appointment. He will want to see you in about 1 week.**

**Dr. Eichel Louis**

**Office Telephone: 336-5320**

#### **CALL YOUR DOCTOR:**

**If you develop fever or chills**

**If you develop bleeding from the incision or if the incision opens up.**

**If you notice increasing redness around the incision.**

**If the incision becomes increasingly more painful.**

**If you have blood in urine and can not urinate**